

What is Cool Sculpting?

Cool sculpting is a non-invasive procedure wherein an applicator is applied to the skin of the targeted area to deliver precisely controlled cooling. Since fat cells are more susceptible to cooling than other cells in the body, these cells die off and are metabolized by the body's natural processes. There are no needles, surgical incisions, or anesthesia, and the procedure can be completed in as little as an hour with no recovery time needed.

Coolsculpting is FDA-approved for the following target areas:

- Upper and Lower Abdomen
- Inner and Outer Thighs
- Love Handles
- Neck and Chin
- Arms
- Knees
- Male Breast Fat
- Back

What are the Results?

CoolSculpting has been clinically proven to reduce fat in targeted areas by as much as 22% with a single treatment, and further reductions can be obtained with additional treatment sessions if desired. While the results may vary depending on the number of sessions you undergo and other lifestyle factors, some patients report noticeable results in as little as 3 weeks. However, most patients experience dramatic results after around 2-3 months.

What to Expect

During your initial consultation, your treatment provider will help you develop a customized plan to help optimize your results. This plan may involve multiple treatments, depending on your specific areas of concern.

After the patient and doctor have decided on what areas should be treated, the device will be positioned on the surface of the skin on the targeted area. The applicator will draw the skin and fat tissue between two cooling panels, causing the patient to feel an initial sense of cold, which soon dissipates to numbness. As the applicator freezes fat cells, the patient can sit or lay down comfortably during the procedure, and is free to read, work on their laptop, or take a nap. Sessions last about an hour, and the patient may have mild bruising or swelling at the application site that will go away after 1-2 weeks.

Who is a Good Candidate for CoolSculpting?

The ideal candidate for this procedure has pinch-able fat and maintains a healthy diet and active lifestyle. Most of the people who elect this procedure have a noticeable bulge or bump of fat that has not responded to dieting and exercise, but do not want to undergo liposuction surgery.

Schedule your Free Initial Consultation with Dr. Schacher today and find out how this revolutionary technology can help you shed stubborn fat!